## **Broadwater Public School**

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Term 4 Week 3

Thursday 25 October 2012

#### Calendar - Term 4

Week 3

Fri 26th

World Teachers Day

Hot Dog

Week 4

Fri 2nd

K-6 Assembly

BBQ

Week 5

Tues 6th Fri 9th Theatre Sports Day

Hot Dog

Week 6

Wed 14th

Teddy Bear's Picnic

Fri 16th K-6 Assembly

**BBQ** 

Sat 17th Movie Night



## Kindergarten Orientation

We had three new additions to our school today when our 2013 Kindergarten students came to visit for the morning. Our new Kinder students spent the morning in the K-2 class involved in lots of fun activities and appeared to be having a great time meeting new friends and finding out about "big school". Parents of our new students also took the opportunity to find out about different aspects of our school by listening to talks by various speakers.

The new students will visit again on 1st December for a half day from 11am till the end of the school day at 3pm. I would like to thank all of our students who made sure our special visitors felt happy and safe on their first day at our school.

### Shoes at School

A look back over quite a few years in the history of our school will show that students have been permitted to remove their shoes during playtime at recess and lunch. Earlier this year as the colder weather was approaching a decision was made by the P&C and staff to modify the rule to say that this would no longer be the case during the colder months of Terms 2 and 3.

After a discussion at Tuesday's P&C meeting it has been decided that once again students will be allowed to remove their shoes during the hotter months of Term 4. A small change to the rule is that students will not be allowed to remove their shoes until after they have eaten their recess and shoes will need to be put back on before returning to class at the end of lunch. Ultimately the wearing of shoes is the parents' decision and some parents may of course continue to insist their child keeps their shoes on at school. The staff are willing to support this decision but would require a note from parents indicating that this is their preference.

#### AWARD WINNERS

(Term 4 Week 2)

# Student of the Week



Otis, Sophie, Riley & Maddison

# Merit Certificates



Bailee, Ashlee, Freesia, Myles, Cathariena Jared A

## Nude Food Day

We had a very positive response to our first Nude Food Day held yesterday. The junior class had a total of 11 pieces of rubbish and the senior class totalled 9 pieces. This is very encouraging when you consider that it's well below one piece of rubbish for each child in the school. The other aspect of this idea is to remind students about trying to eat healthy food more often.

Please be mindful that this initiative in its essence is to have parents and children give some thought to how much rubbish we humans generate every day and hopefully, by making some small changes, we can all help improve the situation. In saying that we don't want to sacrifice the freshness of the children's food, just to save some rubbish. I would like to thank all parents who

supported this initiative and we will try the idea again soon.

On a similar theme we have been involved in many initiatives in relation to "Live Life Well at School" over the last two terms. These have included programs relating to being healthy (PSC, FMS), eating healthy (Crunch and Sip, Nude Food Day), and thinking healthy (Nutrition Unit – Term 4). Students and parents have been wonderful in embracing and supporting these initiatives. At the end of the day what we are trying to do is to encourage students, our future generation, to explore the benefits of enjoying a healthy lifestyle. In saying all this, parents will always remain the decision makers when it comes to what their child eats at school.

## Annual School Report

The time is drawing near for our Annual School Report to be compiled. As a part of the report it is mandatory for principals to conduct surveys of the school community (parents, students and staff) to gain feedback about how they perceive the school to be functioning in a number of selected areas.

The three designated areas are: School Management and Administration, Key learning Areas and School Culture. In past years we have received a very good response with surveys being returned and I hope that will continue. These surveys are one opportunity for our school community to have a say about what makes our school great and also to propose ideas for making it even better. The surveys will be sent to all parents and carers by the end of Week 6.

#### Cascade Excursion

All students have now returned their permission note for the Cascade excursion and received the latest details concerning the excursion. Parents are asked to return the medical information note included, at their earliest convenience.

Please be reminded that the payment schedule is for the benefit of parents to space payments over a period of time so the financial burden isn't as concentrated. Any parents who are having difficulty with their excursion payments are asked to give Rebecca a call in the office. The payment dates will be included in the Newsletter Calendar each week as a reminder for parents. All monies must be paid by November 15.

#### Live Life Well Ideas

#### **Baked Potatoes**

For a quick and easy meal, wash a medium sized potato then steam or microwave whole until just tender. Cut the top of the potato and scoop a little of the potato out and add canned tuna, creamed corn and sprinkle with reduced-fat grated cheese. Place under a hot grill or in the oven, until the cheese has melted and serve. Alternately add lean bolognaise sauce and grated cheese or baked beans and grated cheese.

## Theatre Sports Day

As mentioned in last week's newsletter the small school's Theatre Day will be held at Tregeagle School on Tuesday 6 November. The day is organised to be fun and non-competitive unlike the other small school days we attend.

Students who have nominated are:

Stage 2: Sophie, Mikayla H, Zane, Adam

Stage 3: Lailarni, Otis, Shaun, Mikayla P

These students have received a separate note with organisation details.

## Movie Night

An outdoor movie night will be held at the school on Saturday 17th November.

Please put this date in your diary. More information will be available in next week's newsletter.

#### P&C NEWS

What a fabulous turn up we had for our P&C meeting on Tuesday afternoon. We had 10 members for the meeting which was the largest group that I'm aware for a number of years. A number of ideas were discussed in

relation to fundraising, canteen, Presentation Night and the wearing of shoes at school. I hope the high number of attendees is a positive sign for future get-togethers. Thanks everybody!

A couple of changes have been made to the canteen roster which will come into effect as of next Monday (29 Oct). From next Monday both the noodles and the chicken and gravy roll will be removed from the canteen menu. The main reason for the change is the low number of students who order these food items, and in the case of the noodles in particular, it concerns the nutritional value.

The second change is that students will have a limit on the amount of lollies they can purchase from the canteen at lunchtime. A 50 cent limit will be placed on the amount of lollies students can buy. There was a general consensus that this amount buys a sufficient amount of lollies any child needs to eat in one sitting and it's suitably enough for students to consume in the remaining lunch time available before returning to class.

